



Name: _____

Date: _____

Writing a Postsecondary IEP Goal

1. What is one of your needs (where you circled, "No")?

	YES	NO	MAYBE
I know the things I like to do.	X		
I can take transportation to get where I need to go.	X		
I can manage my money.			X
I can make a schedule.		X	
I can find and sign up for activities near me.			
I can use my phone or email to stay in touch with people.		X	
I know my strengths.	X		
I know my voice is important.	X		
I know that I can contribute to any group I'm part of.		X	
I can follow instructions or directions.	X		
I am willing to engage in activities with others.			X
I can ask questions if I don't understand or need help.	X		

2. What skill would help you with this need?

Examples:

- Need: "I can manage money." Skill: I will keep track of my what I spend my money on each week.
- Need: "I can make a schedule." Skill: I will make my daily schedule.
- Need: "I am willing to engage in activities with others." Skill: I will ask one person per week to hang out.



3. How often do you want to show your skill?





4. How can you measure your skill (checklist, calendar, quiz)?



5. Now, write your goal:

I will _____
(Skill from #2)

_____ as measured by
(How often from #3)

(How you will measure your skill from #4)

6. What is one strength from your assessment (where you circled, "Yes")?

	YES	NO	MAYBE
I know the things I like to do.	X		
I can take transportation to get where I need to go.	X		
I can manage my money.			X
I can make a schedule.		X	
I can find and sign up for activities near me.			
I can use my phone or email to stay in touch with people.		X	
I know my strengths.	X		
I know my voice is important.	X		
I know that I can contribute to any group I'm part of.		X	
I can follow instructions or directions.	X		
I am willing to engage in activities with others.			X
I can ask questions if I don't understand or need help.	X		

7. How can you use your strength to help you with your goal?

